

KCFC Connections

You can get a **DISCOUNT**!

Look inside.....

Connections list businesses that connect themselves to the Kitsap Community Food Co-op and their member-owners by offering discounts on their goods and/or services when they show their member-owner card.

> Show your KCFC member-owner card at these businesses for exclusive discounts!

www.kitsapfood.coop

Chiropractic

Chiropractic Lifestyle Center

We are a natural health care facility that provides a holistic approach to health and lifestyle. Services: Chiropractic, including pediatric and pregnancy, massage therapy, acupuncture, yoga and Pilates, nutritional and lifestyle counseling, exercise rehab, Graston soft tissue technique

991 NE Riddell Rd. Bremerton, WA 98310

360-373-2225

www.clc4health.com

info@clc4health.com

Open: Mondays, Wednesdays, and Fridays 9am-5pm; Tuesdays and Thursdays 9am-6pm; Saturdays 9am-12pm

15% discount off of chiropractic exams and treatments for co-op members (Cash accounts only; limited to 2 people per household).

Dental

Current Dental

Home to Dental Health Rewards, it's better than insurance.

2625 Wheaton Way suite D Bremerton WA, 98310 360-373-2539 <u>www.dentalhealthrewards.com</u> Open: M/W/Th 8am – 5pm; Tues 9am – 6pm and Fri 8am – 2pm *We would like to honor all KCFC members with a FREE Sonicare Phillips Simply clean electric toothbrush with our new patient exam.*

Design/Printing

The Bremerton Letterpress Company

Fine Letterpress Printing and custom Graphic Design services. Specializing in Wedding Invitations, Business Cards, Stationary and Note Cards.

360-620-8967 <u>bremertonletterpress@gmail.com</u> www.bremertonletterpress.com *15% off custom orders over \$300 (before tax/shipping). Call us today to discuss your order!*

Go 2 Designs

Go 2 Designs provides graphic design, website design and business development services, specializing in WordPress site design and ecommerce solution development.

PO Box 2949 Silverdale, WA 98383 360-731-0954 <u>Go2Designs@gmail.com</u> Open: Virtual office is always open... email / phone contact only \$499 (+Tax) Starter website design package using WordPress and professional theme customized for your organization or business. We will consult with you to define what pages and blog content you want to create. Once created and published we will then teach you how to maintain your own site. Many additional features including ecommerce are available for additional time and cost. Hosting & domain name purchase not included but required. Our team can assist in the setup of hosting / email and domain name acquisition.

Entertainment

Play Kitsap

PLAY Kitsap is an 8,000 square foot indoor playground and learning center dedicated to providing a safe, clean and fun atmosphere for children (10 and under) to play and learn. We have bounce houses (bouncy castle, 2 story-slide, plus more), activity for kids sports arena, little tikes imagination activites for kids, baby games and games for toddlers.

5934 State Highway 303, Bremerton, WA 98311 (We are located directly across from Outback Steakhouse, behind United Rentals). 360-479-7529 www.playkitsap.com www.facebook.com/PlayKitsap Open: Our Open Play hours to drop in and play are: Mon 9-5pm, Tues 9-7pm, Wed-Fri 9-5pm and Sat 9-3pm. We do birthday parties, fundraisers, events, etc. \$1 off regular priced admission

Food & Beverages

Bon Bon Bakery

Handmade pastries. Fresh, real ingredients. Delicious and beautiful! Bon Bon specializes in allergen free products, made with locally sourced ingredients. Find Bon Bon at the Bremerton Farmer's Market, and by special order.

P.O. Box 1319, Bremerton, WA 98337 360-362-2550 <u>bakerybonbonmarie@gmail.com</u> <u>www.bakerybonbon.com</u> Open: Farmers Market hours (check websites for more info) and by special order *\$5 off either a 9" cake or 1 dozen cupcakes (minimum 1 week notice requested)*

CB's Nuts

We are a small batch nut roaster in Kingston, WA dedicated to drawing out the amazing flavors of fresh roasted nuts and seeds using our antique 1920's era flame fired barrel roasters.

6013 NE State Hwy 104, Kingston WA 98346 360-297-1213 <u>www.cbsnuts.com</u> Open: 10AM to 5PM Monday to Sunday 10% Discount

Grounds for Change

Grounds for Change is a family owned and operated coffee roasting business located in Poulsbo, WA. We roast our 100% fair trade, Organic, CarbonFree certified coffee in small batches to ensure that you receive the freshest coffee possible.

15773 George Lane NE Suite 204 Poulsbo, Wa 98370 1-800-796-6820 www.groundsforchange.com Open: Monday – Thursday 10% off all products online or in our roastery store

Monica's Waterfront Bakery & Cafe

Our menu has been crafted using excellent quality, fresh, house-made foods. We support local and/or organic suppliers whenever possible and we strive towards earth friendly sustainable practices.

3472 NW Byron St, Old Town Silverdale 360-698-2991 www.WaterfrontBakery.com <u>monica@waterfrontbakery.com</u> Open: M-F 7am – 6pm; Saturdays 8am – 4pm Double Points! For every dollar you spend get TWO points, adding up to free meals doubly quick!

PrepareWashington.Mygofoods.com

25 year shelf life food good enough to eat now! But when the stuff hits the fan the store shelves are empty. You will appreciate having this no transfat, Kosher, no Genetic Modified Foods, made in the USA sourced from the field. Eat it now, save some for later!

360-340-5350 <u>bradwhataguy@yahoo.com</u> Open: 24hrs online *Buy at wholesale prices for a year after your first 100.00 purchase. Go to preparewashington.mygofoods.com and the fee is waived. Send me an email or call me. Sample pack available for ship cost only. Check out the sizzle video on my web site!*

Fitness

Annapolis Fitness

Annapolis Fitness is a private, by appointment personal training and group fitness studio featuring TRX, Yoga, Body Pump, Zumba!, Body Combat, CX Worx, and many others. Your first class is always free. Come give us a try!

2065 Bay Street Port Orchard (Annapolis), WA 98366 360-443-2483

info@annapolis-fitness.com www.annapolis-fitness.com Open: Varied hours 10% off membership (PROMO CODE: KCFCMEMBER) Promo Code to be entered at purchase of membership) No initiation fee/No Contracts

Gardening & Landscaping

Dancing Raven Design

Edible garden design, hands-on coaching and year round management

360-981-7127 www.dancingravendesign.com dancingravendesign@hotmail.com 10% off of all services

Pangea Gardenscapes, LLC

Organic and Natural yard care, design, education, consulting P.O. Box 540 Olalla, WA. 98359 360-990-3035 besthands@aol.com pangeagardenscapes.blogspot.com Open: All days weather permitting *Free garden consult to evaluate the yard. Up to one free hour. By the hour after free hour.*

Gifts & Crafts

Made in Manette

A home based business offering soap, hand knit, felted and sewn goods for people and homes.

1708 Perry Ave., Bremerton, WA 98310 360-471-0159 <u>www.madeinmanette.com</u> Open: Available by special request during off season, and farmers markets from May-Oct. 10% off of order

Salish Soap Co. Wholesome. Natural. Simple. Herbal infused, highly fragranced, affordable, artisan soap. 1125 Perry Ave, Bremerton 98310 (360) 204-9544 www.salishsoap.com https://www.facebook.com/salishsoapco Open: 9am – 7pm Mon-Fri 10% off to members

Tango Zulu Imports

We offer fair trade handmade products from around the world. We specialize in African baskets, but also carry artisan food, clothing, body care, and much more.

32239 Rainier Ave NE, Port Gamble, WA 98364
360-297-3030
www.tangozuluimports.com
Open: Daily, 10am-5pm with extended summer hours.
10% off all African baskets. Offer is good only in our store, not for Internet orders.

Henna

Red Spiral Henna

100% natural henna designs done freehand. Book private appointments, parties, or fundraisers!

No address, travels to clients 360-908-0194 <u>www.redspiralhenna.com</u> <u>info@redspiralhenna.com</u> Open: By Appointment *\$5/hr discount on hourly rate to member-owner*

Local Food Producers

Ambergardens Farm & Nursery

Vegetable, fruit, herb and perennial Plants and seasonal Produce all grown using sustainable and organic methods. Farm made herb based natural body and household care products.

PO Box 1823, Port Orchard, WA 98366 360-440-1332 www.ambergardensfarm.com Open: By Appointment 10% off to KCFC members

FoxDog Farm

Locally, naturally grown vegetables and herbs offered through a CSA and on-farm sales. Also eggs and milk goats, from time to time.

26096 Miller Bay Rd NE, Kingston WA 98346 360-297-7135 <u>farmer@foxdogfarm.com</u> <u>www.foxdogfarm.com</u>

Open: Tuesdays in season: 11-3pm; Wednesdays in season: 3-7pm; Various Fridays and Saturdays 11-5pm in season. See website or call for more information. All other hours by prior arrangement or appointment

5% off on most vegetables and herbs, through on-farm sales. 5% off on CSA memberships. 5% off on goat sales

Indianola Organics

Organic wheat grass, pea shoots, and sunflower greens

23835 South Kingston Rd., Kingston WA 98346 360-620-2863 www.indianolaorganics.com Open: 8am - 6pm 50% off retail price through greenhouse direct purchasing.

Pheasant Fields Farm

CSA shares for vegetables, plant starts, flowers, farm events

13274 Clear Creek Rd NW, Silverdale, WA 98383 360-697-6224 <u>info@pheasantfields.com</u> <u>www.pheasantfields.com</u> Open: Monday – Saturday 10am - 6pm Easter through October 31st 10% Off to Co-op Members

Terrapin Farms

Terrapin Farms roadside Farm Stand in Port Gamble features our family grown, seasonal farm fresh produce. Crop highlights include: May-asparagus/rhubarb; June-cherries/strawberries; July-raspberries/apricots; August-peaches/tomatoes; September-apples/corn. We provide an outlet for Kitsap County handcrafted artisan cheeses, roasted nuts, preserves, baked goods, salsa, smoked salmon, honey, raw milk, and other local delights.

Highway 104 and Pacific Avenue in Historic Port Gamble 360-697-7388 <u>http://www.TerrapinFarms.com</u> <u>Info@TerrapinFarms.com</u>

Open: Farm Stand open Friday, Saturday & Sunday from 10 AM to 5 PM – May through mid-October 10% Off on Produce at our Farm Stand in Port Gamble (call for KCFC member wholesale/canning pricing

Photography

Meghann Prouse Independent Photographer

Offering custom photography with a lifestyle flare for those who crave something different. My mission is to create honest images that will help you long live your adventure!

Photos done on-location 360-689-4740 <u>hello@photomegs.com</u> <u>www.photomegs.com</u> Hours: By appointment 10% off all services for KCFC member-owners!

Wine

Olalla Valley Vineyard & Winery

We are a small winery in Olalla. We grow our own grapes and fruit and make wine. Wine is available for tasting and for sell.

13176 Olalla Valley Rd SE, Olalla, WA 98359 253-851-4949 www.olallavalleyvineyard.com Seasonal Openings: May 25, 2013 weekends through September 2, 2013. November 30, 2013 through January 2, 2014. Hours 11 am to 5 pm Thursdays through Sundays. Welcome to call for appointment any other time throughout the year. *15 % off any bottle of wine purchased*

Yoga

Viva Flow Yoga

Viva Flow Yoga Studio is a place to re-establish a love and passion for one's overall health and wellbeing by uniting one's body, mind and spirit through yoga. Our offerings include Gentle, Flow (Vinyasa), and Hot Yoga for all levels of fitness and experience. You will also find a variety of workshops to deepen and strengthen your yoga practice: physically and spiritually.

515 4th St., Bremerton WA 98337 360-990-1543 www.vivaflowyoga.com Open: Hours Vary - Contact for information 30 Days of Unlimited Yoga for only \$30!